

# POST-LESSON

Now that you have been on your UMFA tour of the Elements of Art, solidify concepts and explore the elements as ingredients for artistic expression through a color meditation and Agamograph art making workshop. All supplies should have been given to you after your pARTners tours. If not, please email or call the UMFA to schedule a supply delivery!

This lesson should take you around 30 minutes.

**UMFA**  
UTAH MUSEUM OF  
FINE ARTS

## Elements of Art!



# POST-LESSON

To begin, spend a couple of minutes reviewing your favorite artworks and experiences from your UMFA visit.

What was your favorite work of art?

What do you like about it?

Go around the class and have everyone describe their Museum visit in three words.

# Color Meditation

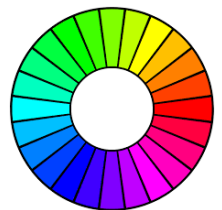
Explore mindfulness and meditation as tool for classroom focus, relaxation, and redirection.

Things you need:



meditation sound clip  
(mp3 file sent via email)

# COLOR!



# Color Meditation

We are going to practice a color meditation. We will relax our body and mind by imagining color.

Play the color meditation (5:13 minutes):



(mp3 file sent via email)

All teachers and students should participate!  
At the end, discuss your experience as a group.  
How do you feel after meditating?

How might this meditation help you experience colors differently?

**Mindfulness** = a technique to focus thoughts and be aware of the present moment.

**Meditation** = think deeply or carefully about something for a period of time

# COLOR!



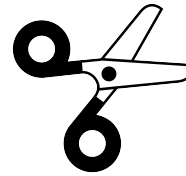
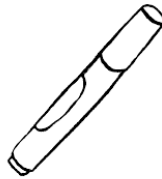
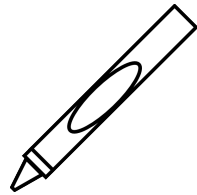


# Elemental Flip Flop

Create a Agamograph using line and shape as your inspiration!

## Things you need:

(paper templates and oil pastel sets are provided in your post-visit supply bag)



Agamograph templates (3):

Oil pastels

Black markers

Scissors

Glue

Music

- numbered template
- lettered template
- base template

(each student needs one of each)

**Agamographs** are amazing and surprising 3D-style drawings where from one point of view you will see one image, and from another, something else. Each time you move, the artwork changes!

# LINE! & SHAPE!



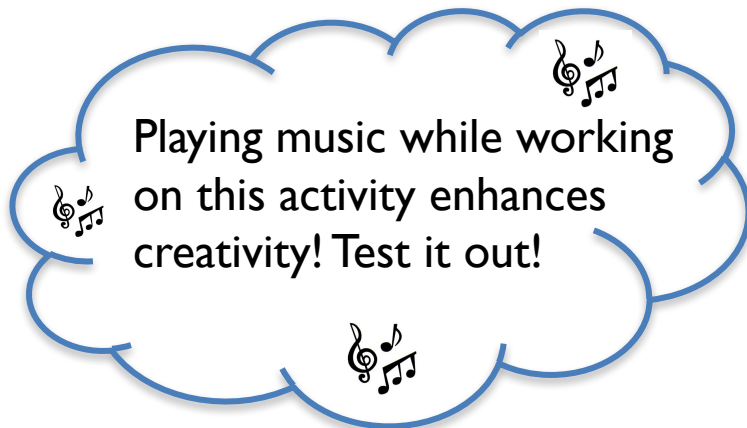
# Elemental Flip Flop

## How to make an Agamograph:

(sample images found on next slides!)

---

1. Draw two different pictures.
2. On the **numbered template** design a picture inspired by **LINES** using black markers. Be creative and use as many different kinds of line you can think of to fill up the whole space of the paper.
3. On the **lettered template** create an image of **SHAPES** using oil pastels. Fill up the whole space with colorful shapes and forms.
4. Cut both templates in strips along the lines, being careful to keep them in order (1,2,3../a,b,c..).
5. Glue template strips to the **base template**, matching the numbers and letters on the bottom of the strips to the corresponding numbers and letters on the base. Let dry for a few minutes.
6. Fold your artwork along the lines of the strips in an accordion shape.



## LINE! & SHAPE!



On the **numbered template** design a picture inspired by **LINES** using black markers. Be creative and use as many different kinds of line you can think of to fill up the whole space of the paper.



On the **lettered template** create an image of **SHAPES** using oil pastels. Fill up the whole space with colorful shapes and forms.





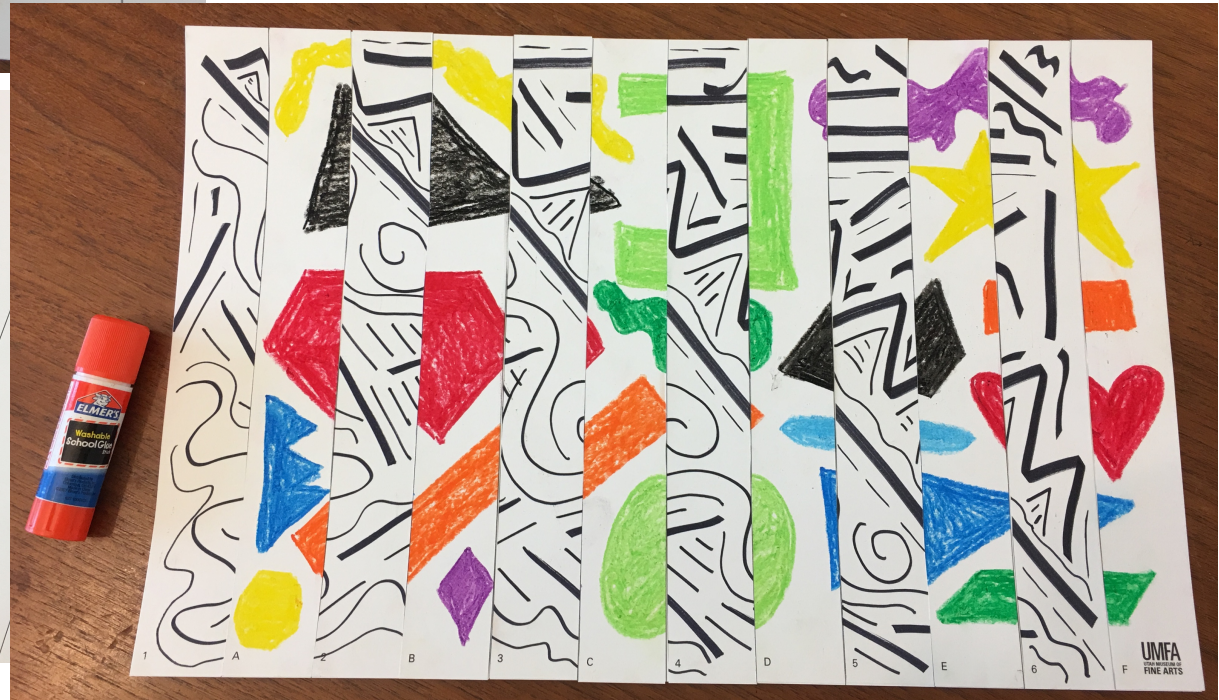
Cut both templates in strips along the lines, being careful to keep them in order (1,2,3../a,b,c..).







Glue template strips to the **base template**, matching the numbers and letters on the bottom of the strips to the corresponding numbers and letters on the base. Let dry for a few minutes.





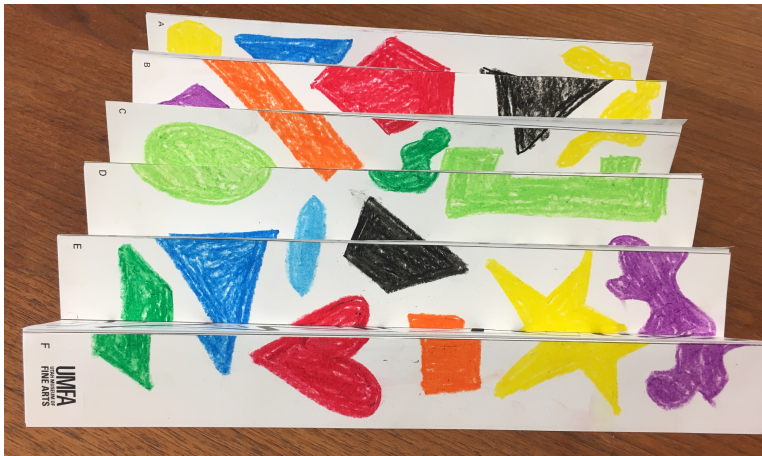
Fold your artwork along the lines of the strips in an accordion shape.



# Elemental Flip Flop

How to view an Agamograph:

Place the Agamograph on a flat surface and move your head from side to side while looking at it. Watch how your artwork changes based on how you look at it!



## LINE! & SHAPE!

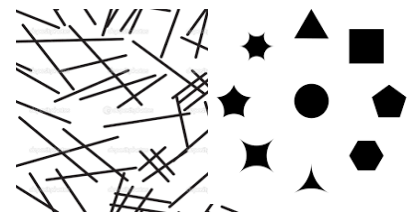


# WRAP UP!

End by talking about the activity.

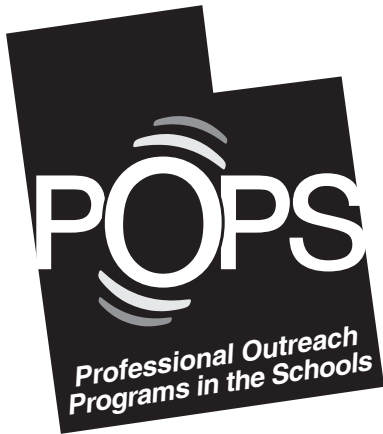
- What surprised you?
- What was your favorite thing you did today?
- How can you use the Elements of Art in your own artmaking?

## LINE! & SHAPE!





**Thank you to our generous sponsors!**



**R. HAROLD BURTON FOUNDATION**



**UMFA**  
**UTAH MUSEUM OF**  
**FINE ARTS**

