

Post-Lesson: Elements of Art



Hello again!

Thank you for joining us on a digital field trip of the Utah Museum of Fine Arts. Here is an art activity to enjoy after your digital field trip.

For this activity you will need:

- any art materials (for example: paper, pencil, crayons, clay, colored pencils, pastels,etc.)**

What was your favorite artwork we looked at together?

What three words would you use to describe it?

Now that we have explored 5 Elements of Art, let's focus on a single element of art: color.

Take a deep breath and relax. Please enjoy this short 5-minute color meditation. You can watch the video, or close your eyes and listen to the audio only.

Feeling relaxed? We hope so!

**What colors do you notice around you right now?
How do those color make you feel?**

CREATIVE CHALLENGE!

Using any materials you have, create an artwork using all of the elements of art.

What will you create? A sculpture, a painting, drawing, something to wear?

Be creative and have fun!

Great work being creative! We hope you enjoyed exploring the Elements of Art! We'd love to see your artworks!

- Have your work featured on our website by asking your teacher or another adult to submit pictures of it to schoolprograms@umfa.utah.edu.**
- Or if possible, post on social media with #umfak12 and tag us on Instagram or Facebook with @utahmuseumofflinearts or on Twitter with #umfa.**

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